

The Roman Catholic  
**Parish of St. Timothy**

Archdiocese of St. Boniface  
135 John Forsyth Road  
Winnipeg Manitoba R2N 1R3

204-949-3760 [info@st-timothy.ca](mailto:info@st-timothy.ca)  
website: [st-timothy.ca](http://st-timothy.ca)

*Our vision is to be a life-giving community  
committed to welcome,  
to worship, to grow, and to serve.*

**18TH & 19TH SUNDAYS  
IN ORDINARY TIME  
August 3 & 10, 2025**



*“SATISFY US in the morning  
with your STEADFAST LOVE  
so that we may REJOICE  
and BE GLAD all our days.”*

Ps 90

**Mass Schedule**

**LORD’S DAY:**

Saturday at 4 pm  
Sunday at 9 am & 11 am

**WEEKDAY MASS:**

Tuesday - Friday at 9:30 am

**Summer Parish Office Hours:**

Tuesday, Wednesday & Thursday:  
9 am - 3 pm (closed noon - 1 pm)

**Pastor:** Fr. Brian Trueman  
[fr.brian@st-timothy.ca](mailto:fr.brian@st-timothy.ca) / 204-949-3769

**Parish Coordinator:** Grace Grindean  
[grace@st-timothy.ca](mailto:grace@st-timothy.ca) / 204-949-3760

**Parish Accountant:** Diane L’Arrivee  
[diane@st-timothy.ca](mailto:diane@st-timothy.ca) / 204-949-3768

**Coordinator of Religious Education:**  
Michelle Coyne  
[michelle@st-timothy.ca](mailto:michelle@st-timothy.ca) / 204-949-3764

**Youth Ministry Coordinator:**  
Vince Diestro  
[youth@st-timothy.ca](mailto:youth@st-timothy.ca) / 204-257-3723

**Pastoral Care & Safe Environment Officer:**  
Maria Castellano / [maria@st-timothy.ca](mailto:maria@st-timothy.ca)

**Custodian:** Ignatius Zinowko  
[custodian@st-timothy.ca](mailto:custodian@st-timothy.ca) / 204-949-3760

**Parish Pastoral Council:**  
[ppcsttimothy@gmail.com](mailto:ppcsttimothy@gmail.com)

**Society of St. Vincent de Paul:**  
[ssvpwinnipeg@gmail.com](mailto:ssvpwinnipeg@gmail.com)

**Refugee Ministry:**  
[st.timothyrefugeeministry@gmail.com](mailto:st.timothyrefugeeministry@gmail.com)

**Bulletin:** Submit church-related announcements  
to Grace ([bulletin@st-timothy.ca](mailto:bulletin@st-timothy.ca))

**Sacrament of Reconciliation (Confession):**  
Half an hour before Mass, or you may make an  
appointment by contacting Fr. Brian

**Sacrament of the Anointing of the Sick:** By  
individual appointment. Contact Fr. Brian or the  
parish office.

**Baptisms:** Contact the parish office three  
months in advance.

**Weddings:** Contact the parish office *at least* six  
months in advance.

## COMING UP AT A GLANCE

### Most Mondays at 7 pm

*Fan into Flame  
Prayer Group*

### Tuesday, August 12 after Mass

*Exposition, Adoration of  
the Blessed Sacrament  
& Benediction*



**Please note the  
following changes to  
the Mass and Adoration  
schedule for August:**

- No Tuesday Adoration on August 12, 19 & 26
- No weekday Mass August 19-22 as Fr. Brian will be away.
- No weekday Mass on Tuesday, August 26 due to a priests' retreat.

## COMING UP AT THE PARISH

### Mass Intentions for August 2 - 17, 2025

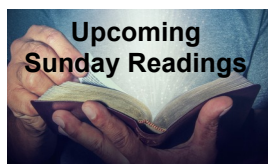
Sat., Aug. 2	4:00 pm	† Mary Chubey from Dave Martin & Ruth Prawdzik
Sun., Aug. 3	9:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
	11:00 am	Special intention for Miguel from Lilian Bacani
Tues., Aug. 5	9:30 am	† Joan Moses from the Henry family
Wed., Aug. 6	9:30 am	† Gary & Louise Bugyik from Ken & Gaylene Kramchynski
Thurs., Aug. 7	9:30 am	† Donald Sutherland from Alesa Sutherland
Fri., Aug. 8	9:30 am	† Nenita Almosa from Rick & Fidelina Pabuaya
Sat., Aug. 9	4:00 pm	† Fr. John McKenzie from Irene Mellick
Sun., Aug. 10	9:00 am	† Mary Yellowega from the Gulenchin family
	11:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
Tues., Aug. 12	9:30 am	Special intention from Diane Garroni
Wed., Aug. 13	9:30 am	† Donald Sutherland from Alesa Sutherland
Thurs., Aug. 14	9:30 am	† Albert Roy from Richard & Elaine Sabourin
Fri., Aug. 15	9:30 am	† Roy Cabais from Lilian Bacani
Sat., Aug. 16	4:00 pm	† Beatrice & Omer Despains from Marie Giacobbo
Sun., Aug. 17	9:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
	11:00 am	For Finley's 9th birthday from Maricel Villegas



### *Please remember in your prayers:*

Madeleine Cowan, who passed away April 24, 2025. Funeral Mass will be on Tuesday, August 12, 2025 at 11 am. Please also pray for her family, and all those who mourn the loss of a loved one.

*May the souls of the faithful departed, through the mercy of God, rest in peace.*



### Upcoming Sunday Readings

### 18th Sunday in Ordinary Time - August 3

Ecc 1.2; 2.21-23; Ps 90  
Col 3.1-5, 9-11; Lk 12.13-21

### 19th Sunday in Ordinary Time - August 10

Wis 18.6-9; Ps 33  
Heb 11.1-2, 8-19; Lk 12.32-48

### 20th Sunday in Ordinary Time - August 17

Jer 38.4-6, 8-10; Ps 40  
Heb 12.1-4; Lk 12.49-53

## JUBILEE EVENTS IN THE UKRAINIAN CATHOLIC CHURCH



As part of the **Jubilee Year**  
the **Bishop Velychkovsky  
National Martyr's Shrine**  
is having a **Healing  
Liturgy with Anointing** on  
**Wed., August 6 at 7:00 pm**

*Confession available beginning at 6:30 pm.  
The Liturgy will include special prayers  
and anointing with Holy Oil blessed by  
the Holy Relics of Blessed Vasyl.*

**Bishop Velychkovsky  
National Martyr's Shrine**  
250 Jefferson Avenue  
204-338-7321  
info@bvmartyrshrine.com  
[bvmartyrshrine.com](http://bvmartyrshrine.com)



**August 15-17, 2025**

Divine liturgies, Confession, Rosary, Stations of the Cross, pilgrimage walk (19.3 km!), blessings and anointing and community meals. See the poster by our Jubilee corner, or go to [archeparchy.ca](http://archeparchy.ca) for more info!



## **Do This in Remembrance of Me, Part 32: The Parts of the Liturgy of the Eucharist**

As we continue our journey through the Mass, we come to the Liturgy of the Eucharist. Growing up as an altar server, the preparation for the Liturgy of the Eucharist was always one of the most action-packed moments of the Mass. There are several things to bring to the altar and an order to how they should arrive. As we have noted, every part of the Mass has a background and a significant meaning, even some of the quick (and sometimes quiet) gestures in this part of the Mass. There are special cloths, shiny chalices, candles, bread, wine, and water, among many other things. All of them will serve a purpose, and with the words of Christ, the bread and wine will become Christ himself—his true Body and Blood—his true presence with us!

### **What is the Liturgy of the Eucharist?**

As the *General Instruction for the Roman Missal* teaches, “At the Last Supper Christ instituted the Paschal Sacrifice and banquet, by which the Sacrifice of the Cross is continuously made present in the Church whenever the Priest, representing Christ the Lord, carries out what the Lord himself did and handed over to his disciples to be done in his memory. For Christ took the bread and the chalice and gave thanks, broke the bread and gave it to his disciples, saying, ‘Take, eat, and drink: this is my Body; this is the chalice of my Blood. Do this in memory of me.’ Hence, the Church has arranged the entire celebration of the Liturgy of the Eucharist in parts corresponding to precisely these words and actions of Christ, namely:



- At the Preparation of the Gifts, the bread and the wine with water are brought to the altar—the same elements, that is to say, which Christ took into his hands.
- In the Eucharistic Prayer, thanks is given to God for the whole work of salvation, and the offerings become the Body and Blood of Christ.
- Through the fraction and through Communion, the faithful, though many, receive from the one bread the Lord’s Body and from the one chalice the Lord’s Blood in the same way the Apostles received them from the hands of Christ himself” (*GIRM*, 72).

### **The Parts of the Liturgy of the Eucharist**

For an in-depth summary of the parts of the Liturgy of the Eucharist, we turn to the *Catholic Encyclopedia*:

“The Liturgy of the Eucharist, the essential part of the sacrifice, includes: the preparation of the altar; the preparation of the gifts: bread, wine, and water are brought to the altar ([and in many places] the money offerings or offerings for the poor), [typically] the offertory song is sung during this preparation; the priest washes his hands; an invitation to prayer is prayed by the priest. There follows the Eucharistic prayer, which is a prayer of thanksgiving and sanctification and the center of the Eucharistic celebration. It contains: the preface, expressing thanksgiving in the name of the entire people of God; the acclamation sanctus (holy, holy, holy), which is recited by the priest and people or sung, the Eucharistic prayer; the invocations for the Church, the epiclesis; narration of the institution and consecration of the bread and wine in the words of Christ; the fulfillment of the command given by Christ to the Church to carry on this mystery of the sacrifice, called the anamnesis; the offering of the victim to God the Father in the Holy Spirit; the intercessions for the living and the dead and for the faithful present; the final doxology, and concluding Amen” (*Catholic Encyclopedia*, Thomas Nelson Inc., Nashville, 1976, p. 197).



Now *that* is a table of contents! Although this listing may seem complex, we’ll be taking each section one at a time, breaking it down so we can understand the importance of each part in the Mass and its importance for us. As we journey through the parts of the Liturgy of the Eucharist, remind yourself that these pieces all serve a grand purpose: our pathway to the true presence of Christ on the altar at Mass!

### **For Reflection:**

1. As Father Luke leads us into deeper appreciation for each part of the Liturgy of the Eucharist, consider beginning this journey by reflecting on each of the New Testament accounts of the institution of the Eucharist: 1 Cor. 11:24, Mt. 26:26–30, Lk 22:24–30, Jn 13:1–15, Mk 14:22–26. You could reflect on one passage each day during the week in preparation for participation at Mass on Sunday.
2. As you fulfill the obligations of your state in life each day, bring to the altar of your heart a reflection on all the words, materials, and actions that form your daily work and prayer. Bring your own experience of preparing and executing work and your intentionality around it to our deepening understanding of the Liturgy of the Eucharist, and allow Father Luke’s insights to inform your attitude towards your daily tasks.



## YOU STILL DON'T HAVE A FORMED ACCOUNT??

Many of our parishioners have remarked how much they enjoy the videos on Formed! There is something for everyone! Movies, audio books, kids shows - you name a Catholic topic, Formed has it! We like to call it "Catholic Netflix"! There is no cost to you to join. You just need an email address to login to our parish account, and you can watch Formed videos on your tablet, smart phone, computer and your TV if you have Amazon Fire TV, Roku or Apple TV. **See below to register for a FREE account!**

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- it is FREE!  
Our gift to YOU!**

An offering from the  AUGUSTINE INSTITUTE

# Exodus 90

Prayer, discipline, and friendship are pillars of the spiritual life. It can be hard to know how to pursue them and to stay on track. Exodus 90 has helped over a hundred thousand men to experience greater freedom in Jesus Christ.

Men of the parish are invited to join them for **St. Michael's Lent**, a time of renewal practiced by St. Francis of Assisi. It starts on August 15th and lasts until the feast of the Archangels on September 29th. It will be led by two Franciscan Friars of the Renewal, Fr. Innocent and Fr. Angelus, who will serve as spiritual guides. Find out more at [exodus90.com](http://exodus90.com).

## Join us for St. Michael's Lent

Begins August 15, 2025

For more information, email  
Garth Rowsell at [exodus90mb@shaw.ca](mailto:exodus90mb@shaw.ca)

↓ NEW! CHECK THESE OUT! ↑



Archidiocèse de  
Saint-Boniface  
Archdiocese

**WORSHIP. COMMUNITY. FELLOWSHIP**

# River of Life

FEATURING THE MUSIC MINISTRY:

## Amplifying Christ

*"See I am making all things new"*  
-REVELATIONS 21:5

Reflection by **DEACON GILLES URQUHART**

**FRIDAY 08/22/25 7PM**

**ST. TIMOTHY ROMAN CATHOLIC PARISH**  
135 John Forsyth Road DOORS OPEN 6:30PM

**ALL ARE WELCOME**



**Prayer and Life Workshop**  
**Starts August 27, 2025**  
**Wednesdays, 6:30 - 8:30 pm**  
**at the Parish of St. Timothy**

*"Don't worry about anything, but in all your prayers ask God for what you need, always asking him with a thankful heart. And God's peace, which is far beyond human understanding, will keep your hearts and minds safe in union with Christ Jesus."* Philippians 4:6-7

Are you longing for peace, healing and a deeper relationship with God? Join us for the Prayer and Life Workshop. It's a practical, step-by-step journey where you learn to pray by praying. As you grow closer to the Lord, you'll experience healing, serenity, and joy while being gently transformed to live with the patience, tenderness and love of Jesus. Come and discover the peace only God can give.

**Wednesdays, starting August 27th, 2025. It's FREE!**

Claudia Sanchez spoke after two of our Masses last weekend and a good amount of parishioners were already inspired as they signed up for the workshop right away!

Claudia will be at the parish again this weekend in the narthex after Mass to share a little bit more about this awesome opportunity to deepen your relationship with God through prayer, and to answer any questions you may have. You can sign up in person at the table in the narthex or contact [manitoba@tovpil.org](mailto:manitoba@tovpil.org) or call 204-869-8175. Learn more at [www.tovpil.org](http://www.tovpil.org)

## Do you have trouble hearing at Mass?

Did you know that we have hearing assist receivers and headphones that you can use during Mass? We are told that they work even if you already use a hearing aid.



We have three sets - they are in a basket on the table by the main doors into the worship space. You can pick them up before Mass and please return them to the basket after Mass. Please remember to turn the power off so to not wear down the batteries.

Easy instructions for use are with the basket of headsets and receivers.



### MOVING FORWARD with Grief

From the "Companions in Grief" Team



No one else will grieve in exactly the same way you do. So, when you turn to others for help, don't allow them to tell you what you should or should not be feeling. You have the right to experience grief in your own unique way.

Excerpt from Dr. Alan Wolfelt, *Understanding Your Grief*

*Our soul waits for the Lord; he is our help and shield. Let your steadfast love, O Lord, be upon us, even as we hope in you. Ps 33*

### WEEKLY MARRIAGE TIP



Summer is the perfect time for travel (even if brief) – plan a pilgrimage to a local religious site with family members.

Check out our Jubilee Corner by the main worship space doors for places to visit in Winnipeg and other parts of Manitoba this Jubilee year! And consider these below!

### STEWARDSHIP REFLECTIONS



August 3 - 18th Sunday in Ordinary Time

*"Be on your guard against all kinds of greed..."*  
Lk 12.15

The readings today warn us of the destructive power that the sin of greed can have on a person's life, for a person consumed by greed worships his possessions more than he does God. Truly, "all things are vanity," since when we die, we don't take our possessions with us. The only thing that remains is the way we lived our life. Let us always remember that the gifts of time, talent, and treasure, are given to us by God, and to show gratitude to God for them.

August 10 - 19th Sunday in Ordinary Time

*"For where your treasure is, there your heart will be also."*  
Lk 12.34

The readings today speak to us of being prepared for the coming of Jesus, who will come at a time we do not expect. When Jesus comes, he will judge us based on the way that we used the gifts that were given to us and will look at our hearts to examine where our treasure is. Let us spend some time this week examining our hearts to ensure that we are not selfish with God's gifts and to continue on our journey of becoming faithful and prudent stewards.

**ST MALO IS ONE OF OUR LOCAL DIOCESAN PILGRIMAGE SITES! 45 minutes south of Winnipeg, off**

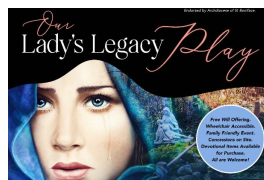
**Come and Embrace Our Lady's Hope!**  
**Annual Diocesan Pilgrimage in St. Malo**  
**Sunday, August 17, 2025**

Jubilant! Everyone is invited to the diocesan pilgrimage to the Grotto of Notre-Dame-de-Lourdes in Saint-Malo on August 17. This special Marian celebration will be an opportunity for praise, healing and joy. All the more so as we are in the middle of a Jubilee year and the Grotto is an official shrine of the Jubilee 2025.

- Mass will be celebrated at 9 am (FRENCH) and 11 am (ENGLISH). Confession available before each Mass.
- Food will be available from a vendor after Mass, or bring a picnic lunch!
- 2 pm: we invite you to prayers of healing, adoration of the Blessed Sacrament, the rosary and songs of praise.

Bring the whole family! Bring your grandparents and elders! By car, or preferably by van, and even better by parish bus, to avoid overcrowding the car park. Bring your own picnic chairs! Tell your friends!

In case of rain, the celebrations will be held at the church in Saint-Malo. Visit our [Grotto webpage!](#)



**Grotto Theater Ministries'**  
**OUR LADY'S LEGACY**  
**Weekend Event**

**September 13 & 14, 2025**

Featuring Bilingual Mass and Latin Mass, Guest Speaker Tim Staples from *Catholic Answers*, and a return to our inaugural play, "Our Lady's Legacy": the chaplet of the Seven Sorrows of Mary. (Free Will Offering).

Our play is brought to life with a cast of 50+, exquisite costumes, live music and live voice-overs throughout, all set in the beautiful St Malo Grotto and Shrine.

**Saturday, Sept. 13:** 4:30pm Guest Speaker, Tim Staples from *Catholic Answers*, Talk: "Behold Your Mother", followed by food concessions, Eucharistic Adoration, Our Lady's Legacy Play

**Sunday, Sept. 14:** 10:00am English / French Bilingual Mass, 11:30am Latin Mass followed by food concessions, Tim Staples talk: "New Eve, Mediatrix and Mother: Mary's Role in God's Plan of Salvation" and Our Lady's Legacy Play

Wheelchair Accessible \* Family Friendly Event  
Concessions on site \* Devotional items available for purchase \* All are welcome! \* Find more details at <https://grottotheater.wixsite.com/ministries>