

The Roman Catholic
Parish of St. Timothy

Archdiocese of St. Boniface
135 John Forsyth Road
Winnipeg Manitoba R2N 1R3

204-949-3760 info@st-timothy.ca
website: st-timothy.ca

*Our vision is to be a life-giving community
committed to welcome,
to worship, to grow, and to serve.*

Mass Schedule

LORD'S DAY:

Saturday at 4 pm
Sunday at 9 am & 11 am

WEEKDAY MASS:

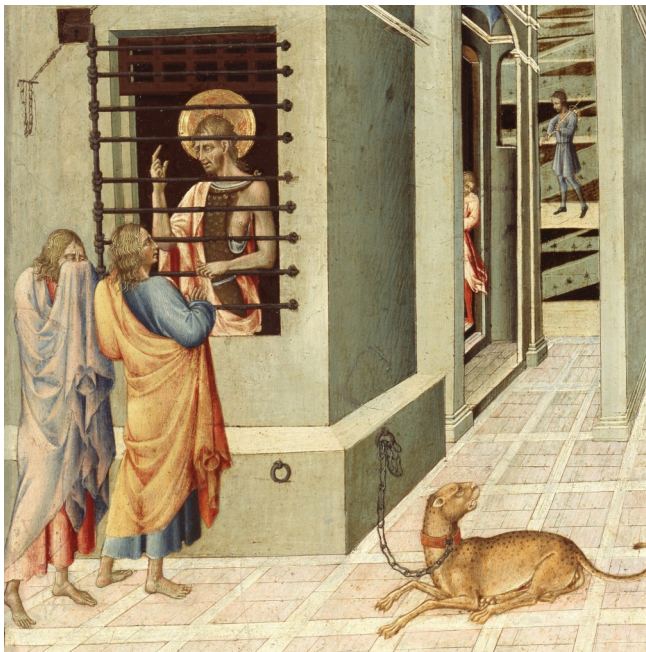
Tuesday - Friday at 9:30 am

Parish Office Hours:

Tuesday, Wednesday & Thursday:
9 am - 5 pm (closed noon - 1 pm)

DECEMBER 7, 2024

Second Sunday of Advent



*A painting of Saint John the Baptist in Prison Visited by Two Disciples
by the Italian artist Giovanni di Paolo. (between 1455 and 1460)*

***"The one who is coming after me is more powerful than I...
He will baptize you with the Holy Spirit and fire." Matthew 3:11***

Sacrament of Reconciliation (Confession): Half an hour before Mass, or you may make an appointment by contacting Fr. Brian.

Sacrament of the Anointing of the Sick: By individual appointment. Contact Fr. Brian or the parish office.

Baptisms: Contact the parish office three months in advance.

Weddings: Contact the parish office *at least* six months in advance.

Pastor: Fr. Brian Trueman
fr.brian@st-timothy.ca / 204-949-3769

Parish Admin Assistant: Paulene Limonar
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Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin: Submit church-related announcements to Paulene (bulletin@st-timothy.ca)

Find us on Facebook



COMING UP AT A GLANCE

Sunday, Dec. 7 at 11 am

*Children's Liturgy
of the Word*

Monday, Dec. 8 at 7 pm

*Fan into Flame
Prayer Group
Rosary - 6:30 pm
Meeting - 7 pm - Parish Hall*

Tuesdays after Mass

*Exposition, Adoration of
the Blessed Sacrament
& Benediction*

Friday, Dec. 12

*Advent Penitential Liturgy
(Confession) - 7 pm*

Saturday, Dec. 13

*Parish Pastoral Council
(PPC) - 12:30 pm
Library*

Monday, Dec. 15

*SSVP - 7:30 pm
Library*

**Please remember in
your prayers..**

† *Jenna LaRocque*

*Her funeral service will be on
Friday, Dec. 12 at 11:00 am.
Please remember her family
as they grieve the loss of
their loved one.*

Upcoming Sunday Readings

3rd Sunday of Advent: December 14

Is 11:1-6, 10 Ps 146
James 5:7-10
Mt 11:2-11

4th Sunday of Advent: December 21

Is 7:10-14 Ps 24
Rom 1:1-7
Mt 1:18-24

COMING UP AT THE PARISH

Mass Intentions for December 6-14, 2025

Sat., Dec. 6	4:00 pm	† Gail Tremblay from Mary-Ann Cairns
Sun., Dec. 7	9:00 am	Special Intention for Olga Pehajek from Bea Vincent
	11:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
Tues., Dec. 9	9:30 am	Birthday blessings for Vera Mark from Jolene Allen
Wed., Dec. 10	9:30 am	† Adéline Bourbonniere from Noel & Jeannine Audet <i>Anniversary of the Dedication of the Parish of St. Timothy</i>
Thurs., Dec. 11	9:30 am	† Holy souls in Purgatory from Donna MacCormack
Fri., Dec. 12	9:30 am	† Gregory Kroj from Winnie & Darcene Chanas
Sat., Dec. 13	4:00 pm	† Tom Thompson from Eugène and Judy
Sun., Dec. 14	9:00 am	Special Intention from Anita Nowak
	11:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman

CHRISTMAS HAMPER CAMPAIGN

Share Christmas with Families in Winnipeg

With your help, the Parish of St Timothy will prepare Christmas Hampers for 30 needy families with children identified by the Christmas Cheer Board of Winnipeg. The **deadline to donate is Tuesday, Dec. 16.** Please note that we need more of the following items:

- Baked Beans
- Cookies
- Juice
- Peanut Butter
- Cake Mixes
- Cranberry Sauce
- Pancake Mix
- Salmon
- Candy
- Hot Chocolate
- Pancake Syrup
- Soup (dry)
- Coffee
- Jelly Powder
- Pudding
- Stuffing Mix
- Tuna, canned
- Vegetable Oil

Additionally, we have received a few specific gift requests from some of the boys and girls who will be receiving gifts and hampers. No promises were made but **please consider these items if you haven't made your purchases yet:**

- 5 Watercolour paint sets
- Play makeup kit for young girls (lip gloss/nail polish)
- Hot wheels
- Science kits
- Hello Kitty toys
- Arts and craft kits (eg, bracelets making kits)
- Playdough
- Sonic the Hedgehog toy or plushie
- Books about cats and dogs, simple human anatomy, and wrestling



MONETARY donations will also be accepted to stock the hampers with fresh food and purchase special toy requests. Envelopes marked CHRISTMAS HAMPER DONATIONS are located on the parish office and by the bulletin board with toy tags. Please enclose cash or a cheque made payable to the Parish of St Timothy and return it to the collection basket or the parish office .



Would you like to help deliver a hamper (or two) to a family or individual in need?

There is a sign-up sheet beside the food tag table. **We need 5 more drivers!** Please include your phone number and email as we will contact you with instructions. Hampers will be delivered on **Sunday, December 21** in the afternoon.



***"Charity is the root
of all good works."***

— *Saint Augustine*



Do This in Remembrance of Me, Part 48: The Epiclesis

Continuing now with the individual parts of the Eucharistic Prayer, we come to a really action-packed moment: the **Epiclesis**. What is the “Epiclesis”? How do we even pronounce it? (A common pronunciation is Epp-eh-clee-sis.) Charles Belmonte teaches, “In the Epiclesis, the priest requests God the Father to send the Holy Spirit so that the bread and wine offered may become Christ’s Body and Blood and so we may be able to celebrate the Eucharistic mystery, and to make all the effects of the sacrament operative in us. At the same time, the priest extends his hands, palms downward, over the chalice and host, and traces the sign of the cross over them. With this gesture, he asks God to pour his blessing over the gifts offered and to turn them into his Son’s body and blood” (*Understanding the Mass*, p. 135). That is a lot of action for a few quick words! This is an important moment because it gives us notice about what is soon to come: the changing of the bread and wine into the very Body and Blood of Jesus.



Why Bells Are Sometimes Used during the Epiclesis

According to the Diocese of Peoria, “The Epiclesis is the invocation of the Holy Spirit upon the gifts to be offered... It is through the power of the Holy Spirit who descended upon the apostles at Pentecost that the priest, through his hands, offers the human gifts and earthly elements to be consecrated into Godly gifts and heavenly realities. Often we may hear



the ‘*sanctus* bell’ to call our attention to this invocation and calling down of the Holy Spirit” (“A Study of the Mass,” p. 14). This might be a good time to mention the use of bells which, depending on your local traditions, you may hear a few different times during the Eucharistic Prayer, including at the Sanctus, Epiclesis, elevation of the Body and Blood of Jesus after Consecration, and after the priest receives Communion. Why bells? Perhaps especially our students will recognize the importance of bells (or similar signals), which help call our attention to a significant moment. For me, during my school years, the lunchtime bell was always a welcome sound! Similarly, during the Eucharistic Prayer, the sound of a bell can direct our attention to important moments, such as kneeling in preparation for Jesus who is to become present, asking the Holy Spirit to make our gifts of bread and wine worthy for the sacrifice of

Mass, looking upon our Lord truly present in adoration elevated above the altar, or in our immediate preparation for Holy Communion. Although some may note that the bell is a tradition from times past when people often didn’t know the language of the prayers, in humble honesty, many of us will recognize that we still often need a call to attention so we don’t miss these important moments.

A Prayer Asking for the Holy Spirit’s Help

Although we normally think of the Epiclesis as the calling down of the Holy Spirit in anticipation of the changing of the gifts into the Most Holy Eucharist, as is often the case with the prayers of the Mass, there is even more there. Fr. Guy Oury explains, “The sign of acknowledgment and acceptance by God will be fruitful union with the sacrifice... But there can be more than one reason for this prayer. It may be to ask for acceptance of the sacrifice. It may also be to ask for fruitful participation in the sacrifice through Holy Communion. Or it may be to ask for the Consecration” (*The Mass*, p. 100). The bottom line is that we know we need the Holy Spirit’s help! To celebrate the Mass faithfully, receive Communion faithfully, and live faithfully: for all these acts, we need the Holy Spirit.

So, the next time you hear that bell or see the priest extend his hands palms-down over the offering, remember that we are asking the Holy Spirit to sanctify the gifts and each one of our hearts!

For Reflection:

1. In preparation for your next Mass, ask the Holy Spirit’s help for fruitful participation in the liturgy.
2. During the time of the Epiclesis, unite your heart with the intentions of this prayer by asking God’s acceptance of the sacrifice, our fruitful participation in the sacrifice, and the fulfillment of the Consecration.



Advent Penitential Liturgies (Confession) in Parishes in our Deanery

St. Emile Parish – Tuesday, Dec. 9 at 7 pm

Christ the King Parish – Wednesday, Dec. 10 at 7 pm

St. Timothy Parish – Friday, Dec. 12 at 7 pm

St. Andrew Bobola Parish – Sunday, Dec. 14 at 6 pm

Mary, Mother of the Church Parish – Tuesday, Dec. 16 at 7 pm

St. Bernadette Parish – Thursday, Dec. 18 at 7 pm

Holy Cross Parish – Friday, Dec. 19 at 7 pm

Holy Korean Martyrs – Sacrament of Reconciliation 30 minutes
prior to Thursday 7 pm Mass and Sunday 11 am mass



**Penitential service at St. Timothy will start
with Adoration of the Blessed Sacrament.**



***CORRECTED* Christmas Mass Times**

Christmas Eve – Wednesday, Dec. 24 at 4 pm & 9 pm

Christmas Day – Thursday, Dec. 25 at 11 am

New Year's Mass Times

Mary, Mother of God (New Year's Eve)

Wednesday, Dec. 31 at 4 pm

Mary, Mother of God (New Year's Day)

Thursday, January 1 at 11 am



Jubilee Pilgrimage to Bishop Velychkovsky National Martyr's Shrine

***NEW DATE* Tuesday, Dec. 16, 2025
from 1:00-3:00 pm**

Join us on Tuesday, Dec. 16, 2025 from 1:00-3:00 pm to learn about Blessed Vasyl Velychkovsky and to pray and venerate before his Holy Relics.

Blessed Vasyl Velychkovsky, a modern day martyr from Ukraine, was proclaimed by Saint Pope John Paul II as Blessed in 2001. Through God's providence he passed away in Winnipeg in 1973, after living one year in Canada. His fully intact body was enshrined in 2002 at St. Joseph's Ukrainian Catholic Church – 250 Jefferson Avenue. For the past 23 years, his Shrine has been a place of holiness. Many have experienced graces through his intercession.

Come learn more about our brothers and sisters in the Ukrainian Catholic tradition, visit Winnipeg's own incorrupt saint-in-the-making, and end the Jubilee year with a tour of one of our locally chosen shrines! The guided tour will be about 1.5 hours long. If you're interested in going, please RSVP via the [link: https://rsvp.church/r/mRvh7Ock](https://rsvp.church/r/mRvh7Ock) (or a sign up sheet is also available in the narthex) to help us plan. Additionally, we might arrange for carpooling from St. Timothy to the shrine, meeting here for 12:15 pm, so let us know if you're interested in the carpool.

Peace.
Fr. Brian



***REMINDER* December 7, 2025**

This Sunday, **after the 11:00 am Mass**, our parish family will gather in the hall for a warm and joyful cake-and-coffee reception to celebrate both our welcoming of Paulene into our parish staff team, as well as wishing Grace well in her retirement and thanking her for her many years of service in our office. All are welcome!



Dakota House Ministry

For almost 20 years, St. Timothy has had a relationship with Catholic residents at Dakota House, seniors complex, of helping them to pray liturgically on Sundays. In the past, a recording of the parish Mass was filmed and brought

there to be watched together, along with the Eucharist for Holy Communion. Understandably, it is difficult for most of these residents to get to an actual Mass due to an inability to travel or other mobility issues, making them mostly homebound.

Currently, there are about 30 residents who gather in a common room to watch a broadcasted Mass via YouTube at 10:30 am on Sunday mornings. We are hoping to increase our volunteer base who would be willing to visit them on a regular basis, praying with them, and most importantly, bringing the Eucharist from our Mass to them (they also enjoy our parish bulletins too!). They are an amazing group and are so grateful to have the Eucharist available to them. We all can appreciate God's loving presence in the sacraments and the friendly companionship of others, especially as we age. **Thank you to those who have already volunteered! Many hands make light work!** By having more volunteers, a rotating schedule could be organized such that everyone can assist in a meaningful way without needing to be there every week (perhaps once a month or so).

If you have any questions or would like to go along with the people that are currently involved in this ministry and see what it is all about, please contact Paulene in the parish office at info@st-timothy.ca



Thank you to those who have lovingly donated for coffee after the 9:00 am Sunday Mass. The total collection (from September to present) was \$400 and it will go towards our Christmas Hamper Campaign this year!



Bilingual Eucharistic Celebration on the Feast of the Immaculate Conception on Monday, December 8, 2025

You are all invited to participate in the December 8 celebration, patronal feast of the Archdiocese of St. Boniface, presided by Archbishop Albert LeGatt. Come celebrate the Blessed Virgin Mary at 7:30 pm at St. Boniface Cathedral. In celebrating the Feast of the Immaculate Conception, we honour the Blessed Virgin Mary who committed herself fully to listening to the Word of God with an open and transparent heart, and who then also committed herself fully to living that Word, with her whole heart and her unwavering "yes". Following the celebration, there will be a time of coffee and fellowship in the Narthex.



Archbishop LeGatt Video Come, Lord Jesus!

As we enter the holy season of Advent, Archbishop Albert invites us to reflect on Christ's call to welcome the stranger: "I was a stranger and you welcomed me." As we pray, "Come, Lord Jesus," may His coming into our hearts transform us so that we may recognize, receive, and truly welcome those whom God places in our path. Wishing you and your loved ones a blessed and hope-filled Advent. Come, Lord Jesus To view the video, click here or visit the diocesan Facebook page at: <https://www.facebook.com/ArchSaintBoniface/> or visit the diocesan website homepage at: www.archsaintboniface.ca



Prevent Euthanasia (MAiD) for Mental Illness in Canada. Support Bill C-218

Alex Schadenberg is the Life Director for the Knights of Columbus Ontario State Council. He holds this position alongside

his work as the executive director of the Euthanasia Prevention Coalition. In his blog of November 12, Brother Alex reminded us that: "In March 2021, the Canadian government expanded the euthanasia law by passing Bill C-7. One of the expansions in the law permitted euthanasia for a mental illness alone. The government approved euthanasia for mental illness alone with a two-year moratorium to provide time to prepare for the change. The government delayed the implementation of euthanasia for mental illness alone twice and in 2024 the government delayed its implementation until March 17, 2027." We could stop this... this is what you need to know: [click here](#), or visit <https://alexschadenberg.blogspot.com/2025/11/prevent-euthanasia-maid-for-mental.html>).



WEEKLY MARRIAGE TIP

December 8th is the Solemnity of the Immaculate Conception of the Blessed Virgin Mary. How much do you know about your spouse's first years of life? Just as from her earliest days, Mary, the mother of Jesus, was formed and filled with grace in preparation for becoming the mother of Jesus, so to your spouse's childhood influenced his or her growth into the person you love. Share an early memory with your spouse.



STEWARDSHIP REFLECTION

December 7, 2025
2nd Sunday of Advent

"Therefore, every tree that does not bear good fruit will be cut down and thrown into the fire." MATTHEW 3:10

Do you bear good fruit for Jesus? Do you spend time in prayer or do you waste it with mindless activity? Do you use your talent to help others or are you too busy? Do you use your treasure to support the Church or do you buy more things that go unused. Our time, talent, and treasure are gifts from God. What we do with these gifts is our gift back to Him. What gifts are you planning to give to the Lord during this upcoming Christmas season?



From the "Companions in Grief" Team GRIEF SUPPORT GROUP

Tuesdays, January 20 - March 24
from 1:30 - 3:00 pm (10 weeks)

The Parish of St Timothy "Companions in Grief" Team will offer a Grief Support Group in the new year. This is a 10 week program for those grieving the loss of a loved one. In this group we offer and receive support from each other in our grief journey.

We will use the book by Alan D Wolfelt Ph.D., called "Understanding Your Grief" and the companion journal. (It is from this book that we post many of our grief reflections in this space in the bulletin.)

There is no charge for the program but the cost of the two books is approximately \$45, and you get to keep the two books.

If you are interested and would like more information, please contact Paulene at the parish office at info@st-timothy.ca or 204-949-3760. Note: We require a minimum of 6-8 participants.

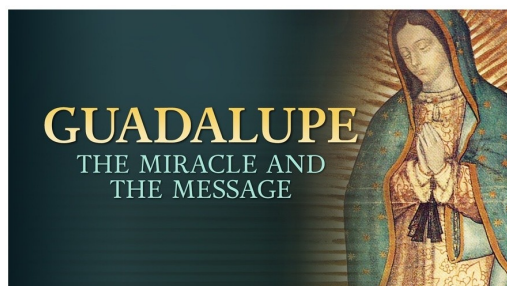
This Week on Formed

Week of December 07, 2025



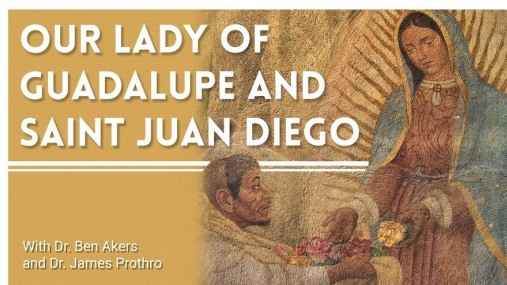
What Is the Immaculate Conception?

Join Drs Tim Gray and John Sehorn as they examine Mary under her title of the Immaculate Conception. This dogma of the Catholic faith, promulgated in 1854 by Pope Pius IX, speaks of Mary's conception and what it means to the Church.



Guadalupe: The Miracle and the Message

Enjoy this film narrated by Jim Caviezel that walks us through our Mother's miraculous appearance to Juan Diego, an encounter that has influenced the conversion of millions of people.



Our Lady of Guadalupe and Saint Juan Diego | Catholic Saints

Dr. Ben Akers sits down with Dr. James Prothro to discuss Mary's apparition to Saint Juan Diego on Tepeyac hill under the title of Our Lady of Guadalupe.

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