

The Roman Catholic  
**Parish of St. Timothy**

Archdiocese of St. Boniface  
135 John Forsyth Road  
Winnipeg Manitoba R2N 1R3

204-949-3760 [info@st-timothy.ca](mailto:info@st-timothy.ca)  
website: [st-timothy.ca](http://st-timothy.ca)

*Our vision is to be a life-giving community  
committed to welcome,  
to worship, to grow, and to serve.*

## Mass Schedule

### LORD'S DAY:

Saturday at 4 pm  
Sunday at 9 am & 11 am

### WEEKDAY MASS:

Tuesday - Friday at 9:30 am

### Summer Parish Office Hours:

Tuesday, Wednesday & Thursday:  
9 am - 3 pm (closed noon - 1 pm)

## 17TH SUNDAY IN ORDINARY TIME

*July 27, 2025*



*"Give us each day our  
DAILY BREAD."*

Luke 11.3

**Pastor:** Fr. Brian Trueman  
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**Custodian:** Ignatius Zinowko  
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**Parish Pastoral Council:**  
[ppcsttimothy@gmail.com](mailto:ppcsttimothy@gmail.com)

**Society of St. Vincent de Paul:**  
[ssvpwinnipeg@gmail.com](mailto:ssvpwinnipeg@gmail.com)

**Refugee Ministry:**  
[st.timothyrefugeeministry@gmail.com](mailto:st.timothyrefugeeministry@gmail.com)

**Bulletin:** Submit church-related announcements  
to Grace ([bulletin@st-timothy.ca](mailto:bulletin@st-timothy.ca))

**Sacrament of Reconciliation (Confession):**  
Half an hour before Mass, or you may make an  
appointment by contacting Fr. Brian

**Sacrament of the Anointing of the Sick:** By  
individual appointment. Contact Fr. Brian or the  
parish office.

**Baptisms:** Contact the parish office three  
months in advance.

**Weddings:** Contact the parish office *at least* six  
months in advance.

## COMING UP AT A GLANCE

### Most Mondays at 7 pm

*Fan into Flame  
Prayer Group*

### Tuesdays after Mass

*Exposition, Adoration of  
the Blessed Sacrament  
& Benediction*



### Friday, August 1 at 7 pm

*First Friday Exposition,  
Adoration of the Blessed  
Sacrament & Benediction  
Join us for a HOLY HOUR*

*"Ask and it would  
be given to you" Lk 11.9*

### **Update on Children's Liturgy**

Children's Liturgy is taking a short break this summer but will return in September. Watch the bulletin for dates.

Thank you to our leaders and youth helpers for your enthusiasm to share the Word of God with our youngsters at Mass!

### **Sunday Readings**

#### **17th Sunday in Ordinary Time - July 27**

Gen 18.20-32; Ps 138  
Col 2.12-14; Lk 11.1-13

#### **18th Sunday in Ordinary Time - August 3**

Eccl 1.2; 2.21-23; Ps 90  
Col 3.1-5, 9-11; Lk 12.13-21

*We welcome **Rio,**  
son of **Monique & Luis,**  
into the **Body of Christ**  
when he was  
baptized on  
Sunday, July 20, 2025  
at the 11 am Mass*

## COMING UP AT THE PARISH

### **Mass Intentions for July 26 - August 3, 2025**

Sat., July 26	4:00 pm	Lucille & Jerry Lysy on their 50th Wedding Anniversary from Yvonne & Phil Pelletier
Sun., July 27	9:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
	11:00 am	† Ernie Côté from Lucienne Côté
Tues., July 29	9:30 am	† Antonia Castellano from Michelle Coyne
Wed., July 30	9:30 am	† Donald Sutherland from Alesa Sutherland
Thurs., July 31	9:30 am	† Teresa Mankewicz from Nicole Nicholson
Fri., August 1	9:30 am	In thanksgiving for Juan Carlos from Lilian Bacani
Sat., August 2	4:00 pm	† Mary Chubey from Dave Martin & Ruth Prawdzik
Sun., August 3	9:00 am	Needs and intentions of all parishioners from Fr. Brian Trueman
	11:00 am	Special intention for Miguel from Lilian Bacani

### **Church Change**

By the time you are reading this, you will likely have discovered a bit of a change in our church regarding the configuration and layout of things. I won't go into too much detail here about it since I've talked about these changes in many other instances previously about what they are and the rationale behind them. It's also something that really needs to be "felt" and experienced for oneself. So, I certainly invite you to allow yourself a bit of time to "chew" on things and experience the differences and familiarity that is present, the Blessed Sacrament chapel, the seating, the orientation, the movement in the liturgy itself, and just praying in the church outside of the liturgy.

The feedback during this week has been generally quite positive so far since moving things last Sunday afternoon. It took us about 3 hours with a great team of 20 or so—thank you to those who contributed their time and energy and passion! And we've made slight tweaks to things here and there this week, anticipating likely needs that will arise. So please feel free to contribute your feedback, thoughts, and feelings about the changes, which help our team who have been working on it for over a year make improvements. While we're quite happy with how things seem to have turned out, we know we have more work to do, especially regarding the final resting place of our tabernacle. You'll notice it is now in front of the wall of the chapel, rather than behind it, which is a temporary solution. The full vision is to have it mounted in some way within the wall itself, such that it is still visible and accessible in the sanctuary for Mass, while also still being in the chapel for more personal and private prayer. Along with evaluating and improving things so far, our team will now be looking and planning for that change.



*View from inside the chapel*

This Sunday, Jesus teaches his disciples to pray for their "daily bread", *epiousion* in Greek—translated also as "supersubstantial bread". May we always give thanks to God for bestowing on us the "holy Bread of eternal life", the Body and Blood of Jesus Christ.

Fr. Brian Trueman



## **Do This in Remembrance of Me, Part 31: The Liturgy of the Word and the Liturgy of the Eucharist**

As we conclude the Liturgy of the Word and prepare to transition to the Liturgy of the Eucharist, it is a fitting time to reflect on how these main parts of the Mass are united and complement each other. We previously touched on this unity in our reflection on the homily. This time, we will hear from a couple of our recent popes. As *The General Instruction of the Roman Missal* states, “The Mass consists in some sense of two parts, namely the Liturgy of the Word and the Liturgy of the Eucharist, these being so closely interconnected that they form but one single act of worship. For in the Mass is spread the table both of God’s Word and of the Body of Christ, and from it the faithful are to be instructed and refreshed” (*GIRM*, 28, also cf. SC 56, 48, 51). Perhaps the two main parts of the Mass seem obvious, but how are they “so closely interconnected”? How are the Liturgy of the Word and the Liturgy of the Eucharist related? As two examples, they both strengthen us in understanding our faith and living it out in the world, and they both draw us deeper into true unity with Christ.

### **The Two Ways Our Lord Nourishes Us**

Pope St. John Paul II reflected on how the unity of the Liturgy of the Word and Liturgy of the Eucharist goes back to the early Church: “We are well aware that from the earliest times the celebration of the Eucharist has been linked not only with prayer but also with the reading of Sacred Scripture and with singing by the whole assembly. As a result, it has long been possible to apply to the Mass the comparison, made by the Fathers, with the two tables, at which the Church prepares for her children the word of God and the Eucharist, that is, the bread of the Lord” (*Dominicae Ceneae*, 10). This image of the two tables illustrates for us that we are fed in two main ways through the Mass: through the hearing of God’s word to us and through the true presence of Jesus in the Eucharist. As we have reflected before, through the Scriptures we come to know God as he reveals himself to us; we learn who we are as his people; and we learn how to live our lives in him and with one another. As we will see as we continue through the Mass, in the Eucharist we are nourished in a unique way through the true presence of Jesus and his dwelling with us through Holy Communion. Our Lord nourishes us in two wonderful ways!

Pope Benedict XVI, reflecting on these two tables of the Liturgy of the Word and Liturgy of the Eucharist, emphasizes the unity between them: “First of all, there is a need to reflect on the inherent unity of the rite of Mass. Both in catechesis and in the actual manner of celebration, one must avoid giving the impression that the two parts of the rite are merely juxtaposed... There is an intrinsic bond between the word of God and the Eucharist. From listening to the word of God, faith is born or strengthened (cf. Rom 10:17); in the Eucharist the Word made flesh gives himself to us as our spiritual food. Thus, ‘from the two tables of the word of God and the Body of Christ, the Church receives and gives the faithful the bread of life.’ Consequently it must constantly be kept in mind that the word of God, read and proclaimed by the Church in the liturgy, leads to the Eucharist as to its own connatural end” (*Sacramentum Caritatis*, 44).



### **Relationship and Unity**

Pope Benedict’s words remind me of the way we grow in relationships. Typically, we first encounter others at a bit of a distance. Maybe we see them in a group, or we cross paths in some way. Next, there is usually a time when we are learning basics, such as names, family backgrounds, schools, or jobs. If the relationship continues to grow, we learn more about what a person thinks, likes, and hopes or dreams. Over time, a friendship grows and deepens, and with that depth comes greater love and intimacy. Of course, even with a depth of love, we know we still communicate with each other and continue to learn more. Our love helps us to understand each other more fully and our ongoing communication helps us deepen our love. This basic comparison helps me realize more concretely what I think the popes are teaching us: in the Mass, we encounter Jesus both through the Liturgy of the Word and through the Liturgy of the Eucharist. Both tables bless us with growing deeper in our relationship with him. Both lead us deeper in unity. Both invite us to share the fruits of that unity with one another. Both increase our hope for the perfect unity with Christ that awaits us in heaven. For now, a foretaste of the heavenly banquet is coming in the Liturgy of the Eucharist!

### **For Reflection:**

1. How do you experience the Liturgy of the Word as nourishment? Pray with Ezekiel 3:1-3, in which the Lord instructs Ezekiel to eat a scroll. Meditate on the image of “tables” set for a feast as a way to awaken your “appetite” for worship as you prepare for Mass.

2. As Father Luke quoted, “the faithful are to be instructed and refreshed” (*GIRM*, 28) from the Liturgy of the Word and the Liturgy of the Eucharist. Prepare your heart to receive instruction and refreshment by asking the Lord to give you these graces every time you participate in Mass. After Mass, take time to reflect on the instruction and refreshment you have received, and give thanks to God.





### Prayer and Life Workshop Starts August 27, 2025 Wednesdays, 6:30 - 8:30 pm at the Parish of St. Timothy

*"Don't worry about anything, but in all your prayers ask God for what you need, always asking him with a thankful heart. And God's peace, which is far beyond human understanding, will keep your hearts and minds safe in union with Christ Jesus." Philipians 4:6-7*

Are you longing for peace, healing and a deeper relationship with God? Join us for the Prayer and Life Workshop. It's a practical, step-by-step journey where you learn to pray by praying. As you grow closer to the Lord, you'll experience healing, serenity, and joy while being gently transformed to live with the patience, tenderness and love of Jesus. Come and discover the peace only God can give.

**Wednesdays, starting August 27th, 2025. It's FREE!**

Claudia Sanchez will be at the parish this weekend to share a little bit more about this awesome opportunity to deepen your relationship with God through prayer, and to answer any questions you may have after Mass. For more info: email [manitoba@tovpil.org](mailto:manitoba@tovpil.org) or call 204-869-8175. Learn more at [www.tovpil.org](http://www.tovpil.org)

### WEEKLY MARRIAGE TIP

"I have now brought you the first fruits of the products of the soil which you, O LORD, have given me." (Dt 26:10) There are many demands in life and we can only give so much effort. Do you give your best to God and your spouse or do they get the time that is leftover?



### MOVING FORWARD with Grief From the "Companions in Grief" Team

Sometimes, out of nowhere, a powerful surge of grief may overcome you. This can be frightening, but it is normal and natural. Find someone who understands and will let you talk it out.

*Excerpt from Dr. Alan Wolfelt, Understanding Your Grief*



### STEWARDSHIP REFLECTIONS

**July 27, 2025 - 17<sup>th</sup> Sunday in Ordinary Time**

*"Ask and you will receive; seek and you will find; knock and the door will be opened to you." LUKE 11:9*

Jesus assures us that if we ask, God will take care of what we need. The problem is that our culture often confuses what we really need with what we simply want. The truth is that many of us need very little. However, we usually want so much more! Stewardship is simply being grateful for all that we are and all that we have been given, and generously sharing all of our God-given gifts with others. Gratitude and generosity are gifts that opens doors to new relationships with others and with God.



### PRAYER FOR THE FIFTH WORLD DAY FOR GRANDPARENTS AND THE ELDERLY 27 July 2025

'Blessed are those who have not lost hope'  
(Sir 14:2)

How beautiful are these words of yours, Lord!  
Help us to continue our pilgrimage through time,  
animated by the hope that comes from You!  
Help us in this divisive world,  
to bring the hope of communion.  
Help us in this world, wounded by wars,  
to bring the hope of peace.  
Help us in this world, which is dehumanizing,  
to bring the beauty of an ancient smile.  
Help us to be, for our grandchildren,  
for our loved ones and for everyone we meet,  
the memory of your tenderness.  
Help us to bring, in a world distracted from You,  
the Hope of a new life that only You can give!  
For in You, Lord, nothing is lost.  
For in You, Lord, everything begins again!  
AMEN.

Here are some suggestions to honour your grandparents and the elderly:

- Schedule regular phone or video calls or in-person visits with grandparents or other elders, asking them to recount favourite memories or significant moments in their lives
- Light a candle for their intentions
- Send or give them a "spiritual bouquet" which can include: Prayers prayed for them or for their intentions (A Rosary, Novena, Mass Offering, Good deeds).

### BURSARY AWARD RECIPIENT, Délenn Boulet!

Congratulations to the recipient of the Knights of Columbus/Harry & Carol Harapiak Bursary - Délenn Boulet! Délenn will continue her education at the University of St. Boniface in the fall! (Pictured with Délenn are two fine representatives of the Knights - Grand Knight Ray Chartrand and Fr. Brian Trueman.



## JUBILEE 2025 - PILGRIMS OF HOPE

### Archbishop LeGatt's invitation to join a Pilgrimage



As we continue to journey through this jubilee year, Archbishop Albert shares with us about the meaning and purpose of pilgrimages. Indeed, in this special year, we are invited to take stock of our lives and reconnect with God in a new and special way, and a pilgrimage is an excellent means of doing so. Watch the video [here](#) or find it on the diocesan homepage [archsaintboniface.ca](http://archsaintboniface.ca) and find more information on the Jubilee pilgrimage sites. Or check out our Jubilee corner by the entrance of the worship space.



### THE JUBILEE OF YOUNG PEOPLE (YOUNG ADULTS) July 28 - August 3

We pray for all young adults who are on pilgrimage to Rome for this Jubilee, including Deepa Joseph of our parish, who is there now on pilgrimage with *Jesus Youth*!

### Pope Francis' Prayer for Young People

Lord Jesus... your Church turns her attention to all the young people in the world. We pray that they might boldly take charge of their lives, aim for the most beautiful and profound things of life and always keep their hearts unencumbered.

Accompanied by wise and generous guides, help them respond to the call you make to each of them, to realize a proper plan of life and achieve happiness. Keep their hearts open to dreaming great dreams and make them concerned for the good of others.

Like the Beloved Disciple, may they stand at the foot of the Cross, to receive your Mother as a gift from You. May they be witnesses to your Resurrection and be aware that you are at their side as they joyously proclaim you as Lord. Amen.

*(Adapted from "Prayer for Young People, in view of the forthcoming Synod of Bishops 2018: Young People, the Faith, and Vocational Discernment" by Pope Francis, Libreria Editrice Vaticana © 2017)*

### ST MALO IS ONE OF OUR LOCAL DIOCESAN PILGRIMAGE SITES! 45 minutes south of Winnipeg, off Hwy 59

#### **Come and Embrace Our Lady's Hope! Annual Diocesan Pilgrimage in St. Malo Sunday, August 17, 2025**

Jubilation! Everyone is invited to the diocesan pilgrimage to the Grotto of Notre-Dame-de-Lourdes in Saint-Malo on August 17. This special Marian celebration will be an opportunity for praise, healing and joy. All the more so as we are in the middle of a Jubilee year and the Grotto is an official shrine of the Jubilee 2025.

- Mass will be celebrated at 9 am (FRENCH) and 11 am (ENGLISH). Confession available before each Mass.
- Food will be available from a vendor after Mass, or bring a picnic lunch!
- 2 pm: we invite you to prayers of healing, adoration of the Blessed Sacrament, the rosary and songs of praise.

Bring the whole family! Bring your grandparents and elders! By car, or preferably by van, and even better by parish bus, to avoid overcrowding the car park. Bring your own picnic chairs! Tell your friends!

In case of rain, the celebrations will be held at the church in Saint-Malo. Visit our [Grotto webpage!](#)



#### **Grotto Theater Ministries' OUR LADY'S LEGACY Weekend Event**

**September 13 & 14, 2025**

Featuring Bilingual Mass and Latin Mass, Guest Speaker Tim Staples from *Catholic Answers*, and a return to our inaugural play, "Our Lady's Legacy": the chaplet of the Seven Sorrows of Mary. (Free Will Offering).

Our play is brought to life with a cast of 50+, exquisite costumes, live music and live voice-overs throughout, all set in the beautiful St Malo Grotto and Shrine.

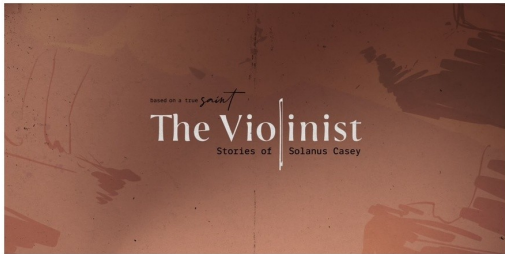
**Saturday, Sept. 13:** 4:30pm Guest Speaker, Tim Staples from *Catholic Answers*, Talk: "Behold Your Mother", followed by food concessions, Eucharistic Adoration, Our Lady's Legacy Play

**Sunday, Sept. 14:** 10:00am English / French Bilingual Mass, 11:30am Latin Mass followed by food concessions, Tim Staples talk: "New Eve, Mediatrix and Mother: Mary's Role in God's Plan of Salvation" and Our Lady's Legacy Play

Wheelchair Accessible \* Family Friendly Event  
Concessions on site \* Devotional items available for purchase \* All are welcome! \* Find more details at <https://grottotheater.wixsite.com/ministries>

# This Week on Formed

## Week of July 27, 2025



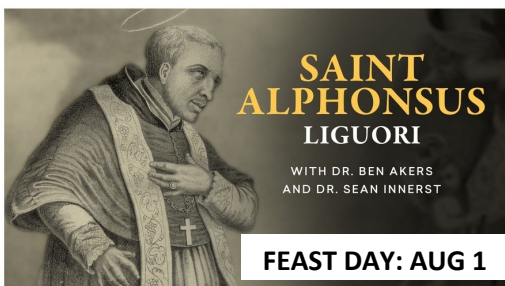
### The Violinist: Stories of Solanus Casey

The Violinist is a must-watch documentary that chronicles the inspiring life of a humble Capuchin friar known for his deep faith, simplicity, and profound impact on those he served. Featuring personal stories from the people who knew Bl. Solanus, the film showcases his remarkable ability to inspire others, sharing heartwarming anecdotes about his modest lifestyle and passion for playing the violin.



### Ignatius of Loyola

This film brings to life the story of St. Ignatius of Loyola, the founder of the Jesuits. Often called "The Saint of Second Chances," St. Ignatius was transformed from a self-obsessed sinner to a loyal and passionate soldier-saint.



### St. Alphonsus Liguori | Catholic Saints

Born to a noble Italian family and known as the "Prince of Moral Theologians", St. Alphonsus Liguori was a great preacher, lawyer, bishop, theologian, and Doctor of the Church. In this episode of Catholic Saints, Augustine Institute professors Dr. Sean Innerst and Dr. Ben Akers discuss this holy man, drawing wisdom from his life and works to aid Catholics today.

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Visit [signup.formed.org](https://signup.formed.org) and select our parish name.